



Snowplow Sam (Ages 3-6)

The Snowplow Sam levels are designed to help the preschool-age skater develop preliminary coordination and strength necessary to maneuver on the ice. This class is designed for skaters of age 6 and younger who have no prior skating experience. Skaters can join at the early age of 3. However, they must be excited to skate and be comfortable to be independent in a class for 30 minutes.

For information about the Snowplow Sam curriculum, click [HERE](#).

Basic Skills (Ages 7-14)

The “Basic Skills” are the fundamentals of the sport. These six levels of the program introduce the fundamental moves: forward skating, backward skating, stops, edges, crossovers, three turns and Mohawks. Upon completion of the Basic 1-6 levels, skaters will have the basic knowledge of the sport, enabling them to advance to the more specialized areas of skating. These classes are for skaters ages 7 - 14. If your child has not taken classes at Kent before, they will be placed in Basic 1 and will be evaluated on the first day.

For more information about the Basic Skills curriculum, click [HERE](#).

If you have passed through Basic 6 and are looking for advanced figure skating classes, please see the Pre-Free Skate section below.

Adult Skills (Ages 15+)

The Adult curriculum is designed for the beginner adult skater. It will promote physical fitness as well as improve balance and coordination while learning proper skating techniques. Divided into six levels, adult skaters will progress at an individual rate while being challenged and motivated. This is a new exciting program for people who look to skating as an enjoyable way for a fit and healthy lifestyle.

For more information about the Adult Skills curriculum, click [HERE](#).

Pre-Free Skate

The Pre-Free Skate classes are for skaters who have passed through Basic Skills 6 and are looking to take the next step in their figure skating career. Each free skate level is comprised of a variety of progressive skating skills, transitions, spins and jumps — all of which build on the previous skill, providing skaters a strong foundation of all elements. The Pre-Free Skate classes are split into two separate groups based on ability and experience: Group A and Group B.

For more information about the Pre-Free Skate curriculum, click [HERE](#).